



Gender Equity: Measures initiated by the HEI for the promotion of gender equity during the last three years.



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Event Report

Date: 09 December 2024

Title of the event: Community Awareness Program "माहवारीस्वास्थ्यदेखभाल - मानसिकता"

Organizer(s): In collaboration with Samazik Vikas SGT Ka Prayaas(SVSP) and Association for Safe Medication, under the aegis of SGT College of Pharmacy Sponsored by Shourya Hygiene, Delhi

Venue: Makdola Village, Gurugram, Haryana

Chief Guests / Speakers / Resource Persons:

Event Coordinator:

Event Poster/Banner

SGT UNIVERSITY
Shree Guru Gobind Singh Tricentenary University

SGT COLLEGE OF PHARMACY

सामाजिक विकास, एसजीटी का प्रयास
SAMAJIK VIKAS, SGT KA PRAYAS

NAAC A+

COMMUNITY SERVICES
Under the aegis of IQAC

“माहवारी स्वास्थ्य देखभाल – मानसिकता”

OUTREACH ACTIVITY
Organized by:
SGT College of Pharmacy in Collaboration with SVSP

Participants: Faculty, UG and PG Students

10:00 AM - 02:00 PM | **Dec 9, 2024 Monday** | **Govt. Senior Secondary School, Budhera Village, Gurugram, Haryana**

Convenor
Dr. Atul Nasa
PVC, SGT University

Prof.(Dr.) Vijay Bhalla
Dean, Industry Collaborations and Internship Affairs
SGT College of Pharmacy

Prof.(Dr.) Sushma Chaturvedi
Dean, SGT COP

Coordinators
Dr. Sonika Shrivastav
Assistant Professor,
SGT COP (8800612235)

Ms. Nikita
Assistant Professor,
SGT COP

Dr. Sreelakshmi
Assistant Professor,
SGT COP

Ms. Chetna Chauhan
Assistant Professor
SGT COP

Ms. Ritu Mishra
Assistant Professor,
SGT COP

Highlights of the Event:

- Organized by SGT College of Pharmacy in collaboration with SVSP and the Association for Safe Medication, and sponsored by Shourya Hygiene, Delhi.
- Conducted at Primary School, Makdola Village, Gurugram, Haryana.
- Attended by around 40 participants, including middle-aged women and young girls from the local community.

- Educational session conducted by experts and faculty on menstrual hygiene, health risks of using cloth, and the benefits of sanitary pads.
- Live demonstration on proper usage and disposal of sanitary pads using charts and models.
- Free sanitary pads distributed to participants, courtesy of Shourya Hygiene.
- Interactive Q&A session helped address community queries and dispel myths surrounding menstruation.
- Pre- and post-assessments were conducted to evaluate the impact of the awareness drive.
- Active involvement of UG and PG students of SGT College of Pharmacy in education and community engagement.



Outcome:

The Community Awareness Program titled "माहवारी स्वास्थ्य देखभाल – मानसिकता", held on 09 December 2024 at Makdola Village, Gurugram, proved to be a highly impactful initiative in promoting menstrual health and hygiene among women and young girls in the community. Through informative sessions, practical demonstrations, and interactive discussions, the event successfully addressed common myths, concerns, and practices surrounding menstruation. The distribution of sanitary pads sponsored by Shourya Hygiene encouraged the adoption of safer menstrual hygiene practices, while the pre- and post-assessment evaluations reflected an improved understanding among participants. The active participation of the local community, along with the efforts of the organizing faculty and students, contributed to spreading awareness, empowering individuals with essential knowledge, and fostering a positive shift in mindset towards menstrual health care



Event Report

Date: 09 April 2025

Title of the event: Antenatal Health Camp

Organizer(s): Department of Ortho/Obs-Gynae, Faculty of Physiotherapy

Venue: PHC, Daulatabad

Chief Guests / Speakers / Resource Persons:

Event Coordinator:

Event Poster/Banner



Faculty of
PHYSIOTHERAPY



The poster features a teal background with three hexagonal images: a woman holding a baby, a pregnant woman surrounded by food icons, and a doctor examining a pregnant woman's belly. Text on the poster includes the department name, event title, date, time, location, and names of the convenor and coordinators.

Department of Orthopaedics & Obs-Gynae

Is Organising

ANTENATAL HEALTH CAMP AND REPRODUCTIVE HEALTH AWARENESS

🕒 09:00 AM Onwards | 📅 March 10th, 2025 Monday | 📍 PHC, Daulatabad

Convenor
Dr. Pooja Anand
Dean, FPHY

Coordinators
Dr. Priyanka Rishi
HOD, Department of Ortho & OBG, FPHY

Dr. Renuka Jakhar
Assistant Professor, FPHY



Outcome:

- Students developed an understanding of the physical changes that occur during pregnancy—such as weight gain, postural shifts, and alterations in the pelvic floor—and how these changes impact the body.
- Students acquired knowledge of effective physiotherapy methods for alleviating common pregnancy-related discomforts, including lower back pain, pelvic girdle pain, and sciatica.
- Students recognized the importance of stress-reducing and relaxation techniques, which also play a key role in supporting labor and delivery.
- Students explored how physiotherapy can be used to manage various pregnancy-related concerns and help prevent complications like sacroiliac (SI) joint pain and poor posture.



Event Report

Date: 11 October 2024

Title of the event: Seminar on "Advancing Breastfeeding: Research and Innovations for Better Maternal and Infant Health."

Organizer(s): Faculty of Physiotherapy

Venue: C-BLOCK AUDITORIUM, SGT University

Chief Guests / Speakers / Resource Persons:

Highlights of the Event:

- The Faculty of Physiotherapy organized a seminar on “Advancing Breastfeeding: Research and Innovations for Better Maternal and Infant Health” on 21st March 2025.
- Dr. Ganga Anand, a renowned physiotherapist and certified lactation consultant, was the guest speaker.
- The session covered the importance of breastfeeding, recent research findings, and innovative practices to enhance maternal and infant health.
- An interactive Q&A session allowed students to engage with the expert and clarify practical aspects.
- The event saw active participation from students and faculty and concluded with a vote of thanks and appreciation to the speaker.





Outcome:

The seminar on “Advancing Breastfeeding: Research and Innovations for Better Maternal and Infant Health” proved to be highly impactful, enriching participants with evidence-based knowledge and practical insights into the significance of breastfeeding. Students and faculty gained a deeper understanding of the physiological, psychological, and emotional benefits of breastfeeding for both mother and child. The session, led by Dr. Ganga Anand, not only highlighted recent research and innovative approaches but also inspired participants to advocate for breastfeeding awareness and support within their professional roles. The interactive nature of the event fostered active engagement, critical thinking, and a stronger appreciation for maternal and infant healthcare practices.



Event Report

Date: 08 April 2025

Title of the event: One-Day Workshop on " From Assessment To Action: Pelvic Floor Insights”

Organizer(s): Department of Ortho/Obs-Gynae, Faculty of Physiotherapy

Venue: B-block TV Studio, SGT University

Chief Guests / Speakers / Resource Persons: Dr. Juhi Saxena

Event Poster/Banner



Highlights of the Event:

- Introduction to pelvic floor muscles and their significance in our body
- Explaining anatomy of pelvic floor muscles and their functions
- Demonstration of rapport building with patient and explanation of procedure
- Practical demonstration of palpation and assessment of pelvic floor muscles
- Functional testing and equipment available for assessment



Outcome:

- Students gathered an understanding of anatomy and assessment of pelvic floor muscles
- They acquired knowledge about the external appearance as well as function of pelvic floor muscles
- Students recognised the importance of rapport building and various techniques for making patient comfortable
- Students explored role of physiotherapy in pelvic girdle related issues like pelvic pain, organ prolapse etc.



Event Report

Date: 24 January 2025

Title of the event: Physiotherapy Awareness Camp on Menopause

Organizer(s): Faculty of Physiotherapy, SGT University

Venue: MANKAROLA VILLAGE, GURUGRAM

Event Coordinator: Dr. Pooja Anand

Highlights of the Event:

- Active participation from village women, with keen interest in learning about menopause management.
- Positive engagement during the Nukkad Natak and interactive sessions
- Participants expressed enthusiasm for adopting physiotherapy exercises in their daily routines.
- Requests for follow-up sessions to sustain awareness and health practices.



Outcome:

- Women reported increased awareness about menopause and its management.
- The Nukkad Natak and exercise demonstrations were well-received.
- Participants appreciated the approachability and expertise of the physiotherapy team.
- Suggestions for regular camps to reinforce health education.



Event Report

Date: 30 April 2025

Title of the event: HEALTH CAMP ON AWARENESS AND DIAGNOSIS OF POSTMENOPAUSAL WOMEN

Organizer(s): FACULTY OF PHYSIOTHERAPY, SGT UNIVERSITY

Venue: MANKROLA, HARYANA





Outcome:

- Enhanced awareness of menopause-related health risks among rural women.
- Introduction to physiotherapy's role in women's health management.
- Collection of baseline health data to inform future community programs.
- Strengthened linkage between participants and healthcare facilities.
- Empowered participants to self-manage symptoms and adopt preventive strategies.
- Increased participation and engagement due to the involvement of SHGs.
- Follow-up plans initiated for women identified with major health concerns.



Details of the Events

S.N.	Description	Remarks
1.	Title of the Event	Breast Self-Examination: Empowering self-care Through Hands on training
2.	Organizers	Holistic Care Club under Department of Medical Surgical Nursing, Faculty of Nursing, SGT University
3.	Date and Time	12th March 2025
4.	Venue	Munda Khera, Jhajjar, Haryana

Introduction:-

- Educate participants on the importance of breast health and the role of early detection in preventing breast cancer.
- Highlight the significance of breast self-examination (BSE) as a primary tool for recognizing any changes in breast tissue early on.
- Empower participants with the knowledge and tools to monitor their own breast health.
- Encourage proactive self-care practices, helping individuals feel more confident in identifying any potential health issues early.
- Create an open and safe space for individuals to ask questions about breast health, concerns, and the significance of early detection.
- Provide support and resources for individuals who may feel anxious or unsure about the self-examination process.

Highlights of the Event(Images)



Shree Gurus Gobind Singh Indraprastha University





Department of Medical Surgical Nursing
is organising

"BREAST SELF-EXAMINATION: EMPOWERING SELF-CARE THROUGH HANDS ON TRAINING"

🕒 09:00 AM- Onwards | 📅 March 11, 2025 Tuesday | 📍 Mundakhera, Jhajjar (HR)

Organizers

Prof. (Dr.) Sunil Kumar Dular Dean, Faculty of Nursing SGT University, Gurugram	Prof. Pawan Kumar HOD Dept. of Adult Health Nursing SGT University, Gurugram	Ms. Gyan Jyoti Assistant Professor Dept. of Adult Health Nursing SGT University, Gurugram	Ms. Divya Tutor Dept. of Adult Health Nursing SGT University, Gurugram
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Details of the Event

S.N.	Description	Remarks
1.	Title of the Event	Women's Day Celebration: महिला मुस्कान: महिलाओं के स्वास्थ्य और खुशी का उत्सव
2.	Organizer	Dr. Amita Arora (FCAM), Dr. Vatsala Saharam (FAHS) Faculty of Commerce and Management, Department of Nutrition & Dietetics
3.	Date and Time	6th March, 2025, Time: 10.00 am to 1.00 pm
4.	Venue	209, 2nd Floor, A-Block

Banner

The banner features the SGT University logo and NAAC A+ accreditation at the top. The main text reads: "Department of Nutrition & Dietetics (FAHS) & Faculty of Commerce and Management under the aegis of SVSP Celebrates WOMEN'S DAY 'महिला मुस्कान: महिलाओं के स्वास्थ्य और खुशी का उत्सव'". It includes event details: 6th March, 2025 (Thursday) at 10:00 AM onwards in Room 209, A block. Coordinators listed are Dr. Vatsala Saharan and Dr. Amita Arora. Student coordinators listed are Tejaswini, Jiya Sharma, Vidhi Hasija, Prerna, Komal, Nikita, Gourav, and Rakhi. The background is pink with illustrations of women in various professional roles.

Highlights of the Event (Images)



Outcomes/Impact

Increased Awareness of Health and Happiness

- The event promoted holistic well-being through expert talks and practical health assessments.
- Women became more aware of the importance of mental health, happiness, and self-care.
- Conducting the event in the local language helped participants engage more freely and confidently.



Details of the Events

S.N.	Description	Remarks
1.	Title of the Event	Workshop on “Empowering Menopausal Women Program
2.	Organizers	Prof. Deepak, Ms. Sonam, Ms. Pooja Singh, Ms. Banapriya, Ms. Preeti Jaiswal, Ms. Nitika Sharma
3.	Date and Time	28th March 2025, from 10:00 AM to 12:00 PM
4.	Venue	Joniawas, Farukh Nagar Haryana

Introduction:-

This program improved physical and mental health of the women by included guidance on diet, exercise, and alternative therapies, as well as advice on when to seek medical care and students gave information and support on managing menopausal symptoms (such as hot flashes, mood swings, and sleep disturbances),

Proper education and intervention have long-term health benefits, including reducing the risk of conditions such as osteoporosis, cardiovascular disease, and mental health issues, which are more prevalent in post-menopausal women.

This program created local networks where women shared experiences, advice, and coping strategies. These social networks would provide both emotional support and practical solutions.

Event Highlights (Images)





Title of the Event: Cervical Cancer Awareness Program

Organizer(s): Child Health Nursing Department and OBG Department

Date and Time: 22 January 2025

1. E Brochure/Banner/ Poster



Outcomes / Impact:

- The outreach aimed to raise awareness among women about cervical cancer, emphasizing early detection and prevention strategies. MSc Nursing students specializing in Child Health Nursing and OBG played a pivotal role, delivering detailed health education sessions on the causes, risk factors, symptoms, and the significance of regular screenings like Pap smears and HPV testing. They also addressed the benefits of the HPV vaccine and dispelled common misconceptions about cervical cancer.
- Interactive discussions allowed participants to voice their concerns, while educational materials such as pamphlets and posters reinforced key messages. The program not only empowered local women with critical health knowledge but also provided invaluable community health education experience for the nursing students.





Sl. No	Description	Remarks
1	Title of the Event:	Newborn week celebration 2024
2	Organizer(s): Name of the organizing department(s), school(s), or external partner	Child health nursing, FNUR
3	Date and Time:	21-11- 2024 to 27-11-2024 & 9:00AM-4:00PM.
4	Venue:	NRSC, FNUR, SGT University & Daultabad
5	Purpose / Objective of the Event:	<ul style="list-style-type: none"> To equip nursing students with essential skills and knowledge to effectively manage neonatal emergencies and provide optimal newborn care.



SGT UNIVERSITY FACULTY OF NURSING NAAC A+ INSTITUTION'S INNOVATION COUNCIL (Ministry of Education Initiative)

Bridge Well Club
An academic club constituted under Department of Child Health Nursing

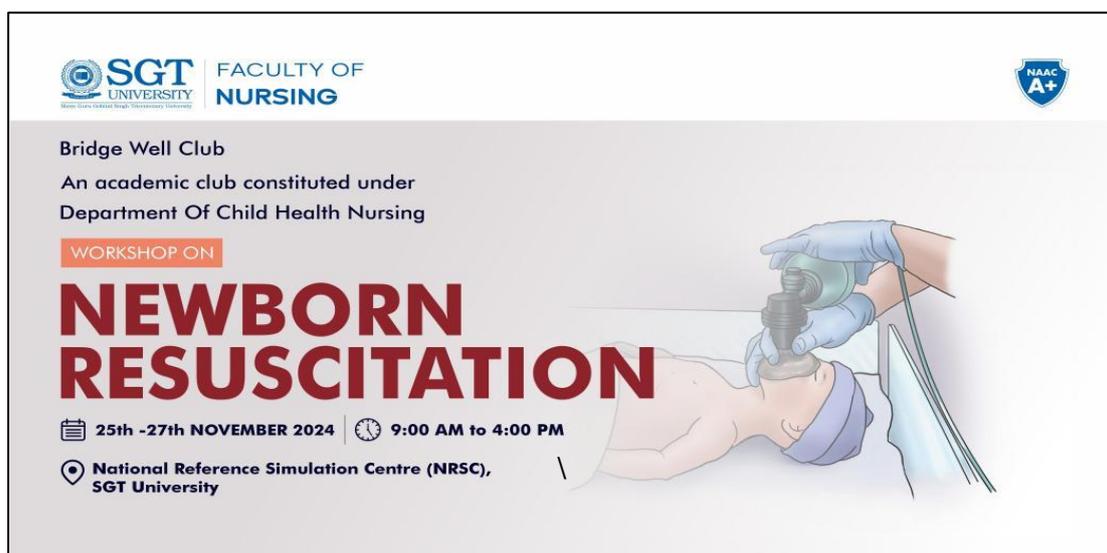
Celebrates
NEWBORN CARE WEEK-2024

Theme :
SAFETY, QUALITY AND NURTURING CARE – BIRTH RIGHT OF EVERY NEWBORN

21st - 27th NOVEMBER 2024 9:00 AM to 4:00 PM

Venue:
21th – 22th Nov 2024- FNUR, SGT University
23th Nov 2024 – Community Area
25th – 27st Nov 2024 – NRSC , SGT University

21th Poster Competition
23th Quiz Competition
25th Role Play
25th – 27st Workshop on Newborn Resuscitation



SGT UNIVERSITY FACULTY OF NURSING NAAC A+

Bridge Well Club
An academic club constituted under Department Of Child Health Nursing

WORKSHOP ON
NEWBORN RESUSCITATION

25th -27th NOVEMBER 2024 9:00 AM to 4:00 PM

National Reference Simulation Centre (NRSC), SGT University

1. Outcomes / Impact:

- Improved awareness, adoption of best practices, and strengthened collaboration for optimal newborn care
- Improved knowledge and practical skills in neonatal resuscitation among students.
- Increased awareness of newborn health through engaging activities.
- Enhanced confidence in managing neonatal emergencies.
- Strengthened teamwork, communication, and decision-making skills.
- Recognized as a successful event promoting neonatal care education.

2. Photos





Students' Performing Activities on Poster, Quiz, Role play & Workshop



Event Report Format

Sl. No	Description	Remarks
1.	Title of the Event:	One-day hands-on Workshop "Swasthya Sakhi: Empowering ASHA Workers for Maternal Health"
2.	Organizer(s): Name of the organizing department(s), school(s), or external partner	Ms. Banapriya (Assistant Professor), Ms. Preeti (Tutor) the Department of Obstetrics & Gynecological Nursing.
3.	Date and Time:	28th April 2025."2025 at 10:00AM to 12:00PM
4.	Venue:	Subdivisional Hospital Pataudi, Haryana
5.	Purpose/ Objective of the Event:	The objectives of the workshop are: To provide clear information regarding birth Preparedness, breastfeeding Promotion, recognizing danger signs & complication, nutrition and Hygiene in pregnancy.
6.	Chief Guests / Speakers / Resource Persons:	Dr. Alka Singh MD, Obstetrics & Gynaecology Civil Surgeon Gurugram

Banner

The banner features the logos of SGT University, Faculty of Nursing, and NAAC A+ accreditation. It is for an event at the Subdivisional Civil Hospital, Pataudi. The event is organized by the Department of Obstetrics & Gynecological Nursing at Dashmesh College of Nursing. The title is 'स्वास्थ्य सखी: EMPOWERING ASHA WORKERS FOR MATERNAL HEALTH'. The date is 28th April, 2025, from 10:00 AM to 12:30 PM. The chief guest is Dr. Alka Singh, MD, Obstetrics & Gynecology Civil Surgeon Gurugram. The organizing team includes Prof. (Dr.) Sunil Kumar Dular, Ms. Poonam Ahlawat, Prof. (Dr.) Sarika Yadav, Prof. Deepak, and Dr. Neeru Yadav.

Event Highlight

The workshop was designed to enhance the knowledge and skills of ASHA workers in maternal health care, with a focus on early identification of high-risk pregnancies, essential antenatal and postnatal care, and timely referral services.

This program featured a Group discussion of roles of Asha in maternal and child health, Hands on training regarding essential newborn care & KMC, Role play and Health Education by B.Sc. 6th Sem, M.Sc. 1st Year and P.B. BSc. 1st Year student to provide effective community education on antenatal health checkup, hygiene, danger signs during pregnancy and newborn care.

Outcome

- Through a one-day, hands-on training, the workshop aims to enhance their understanding of antenatal, intranasal, and postnatal care, early identification of high-risk pregnancies, and strengthen their ability to provide effective counseling, basic screening, and timely referrals. By standardizing maternal health practices and reinforcing government health guidelines, the workshop seeks to equip ASHAs as proactive community health leaders who can contribute to reducing maternal morbidity and mortality while fostering trust and awareness among rural and underserved populations.
- Hands-on training will help them develop practical skills e.g., measuring blood pressure, Kangaroo Mother care, counseling on birth preparedness, using maternal health cards.





SGT UNIVERSITY

Women Study Centre Workshop in December 2024

Training Program on Cloth Bag Making

Title of the Program	Training Program on Cloth Bag Making
Organizing Department/Cell	Women Study Centre in association with Faculty of Design
Number of Women's Enrolled	18
Name of the Resource Person	Ms. Geeta
Objectives of the Program	To teach women's practical skills in creating eco-friendly cloth bags and raise awareness about sustainable alternatives to plastic.
Outcomes of the Program	Women's gained hands-on experience in crafting cloth bags and a better understanding of sustainable practices.

REPORT: On December 19th, 20th, 25th, 26th and 27th 2024 the Women's Study Centre SGT conducted a Training Workshop on Cloth Bag Making. The session was attended by 18 women's and was led by Women's Study Centre in association with Faculty of Design with expertise Ms. Geeta in the field. The workshop focused on teaching women's how to create cloth bags, emphasizing practical skills in c

utting, stitching, and designing. Ms. Geeta provided hands-on guidance throughout the session, ensuring that each participant could produce a finished product by the end of the workshop. The training was successful in imparting valuable skills and raising awareness about sustainable alternatives to plastic bags. Participants gained practical experience and insight into eco-friendly practices.

Women's Study Centre in Association with
Faculty of Design

Hands on Workshop

CLOTH BAG MAKING

19th & 20th, 25th, 26th & 27th | 01:00 PM to 04:00 PM
December, 2024 Onwards

Garment Construction Lab, A-Block Basement
SGT University

Convener
Prof.(Dr.) Barkha Bhatnagar
Director
Women Study Centre
SGT University

Convener
Dr. Sukhvir Singh
Professor and Officiating
Dean
Faculty of Design
SGT University

Co-Convener
Dr. Poonam Talwar (Convener- Women Study Centre)
Dr. Jyoti Gayat (Co-convener- Women Study Centre)
Ms. Mansi Arora Tandon (Coordinator- Women Study Centre)
Ms. Manju Singh (Coordinator, Faculty of Design)

Ms. Geeta
Trainer and President
Self Help Group
Krishi Vigyan Kendra
Bhupani, Faridabad

We welcomed our guest Ms. Geeta by felicitating her with a sapling by Dr. Barkha Bhatnagar, our Director of Women's Study Centre and Faculty of Design with other team members. We also welcome our women ladies from Makdola village who volunteered for this training workshop.









Event Report- 5 Days Training on Basic Beauty Care

Sl. No	Description	Remarks	Annexure
1	Title of the Event:	5 days Training Course on Basic Beauty care	
2	Organizer(s): Name of the organizing department(s), school(s), or external partner	Women’s Study Centre and SVSP	
3	Date and Time:	29th May, 5th June, 12th June, 19th June, 26th June 2025, 10:AM to 1:00 PM	
4	Venue:	Room NO. 208, D Block, SGT University	
6	Chief Guests / Speakers / Resource Persons:	Ms. Anita Beauty Trainer Geetanjali Salon , Gurugram	

Event Highlight

Event Highlight: 5-Day Basic Beauty Care Training for Village Women

A five-day Basic Beauty Care Course was successfully conducted to empower village women with foundational skills in personal grooming and beauty care. The training aimed to enhance self-reliance, promote livelihood opportunities, and boost confidence among participants.

Day 1 – Threading Techniques

The program began with an introduction to basic threading, covering tools, safety measures, and techniques for eyebrow shaping and upper lip threading. Participants were given individual practice time under the guidance of experienced trainers.

Day 2 – Waxing & Threading Revision

Day two focused on waxing methods for arms and legs, including skin preparation, hygiene, and post-waxing care. This session also included a revision of threading to strengthen the skills learned on Day 1.

Day 3 – Skin Care Essentials

Participants were introduced to skin care routines tailored to different skin types. The session included information on cleansing, toning, exfoliation, and natural home remedies. Emphasis was placed on identifying skin issues and choosing the right products accordingly.

Day 4 – Facial Techniques

This session provided step-by-step training in basic facial procedures, including cleansing, scrubbing, massage techniques, and the use of homemade or market-based face packs. Participants practiced complete facials in pairs for better understanding.

Day 5 – Basic Makeup Tips

The final day was dedicated to basic makeup application, including product knowledge, hygiene practices, and techniques for natural, everyday looks. Participants learned the art of enhancing features while maintaining a clean and simple style.

WOMEN'S STUDY CENTER

In association with Samajik Vikas SGT ka Prayas (SVSP)
Organizes

5- Days Training Course

BASIC BEAUTY CARE

29th May, 5th June, 12th June, 19th June and 26th June 2025
10:00 AM to 1:00 PM | Venue: D-Block, SGT University

Convener:

Prof. (Dr.) Barkha Bhatnagar
Director, Women's Study Center,
SGT University

Co-Convener:

Dr. Jyoti Goyal
Co-Convener, Women's Study Center,
SGT University

Coordinator:

Dr. Nutan Kumari
Member, Women's Study Center,
SGT University

TRAINER:



Ms. Anita
Beauty Trainer
Geetanjali Salon, Gurugram



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Lat 28.47744° Long 76.902548°
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03/07/2025 01:19 PM GMT +05:30



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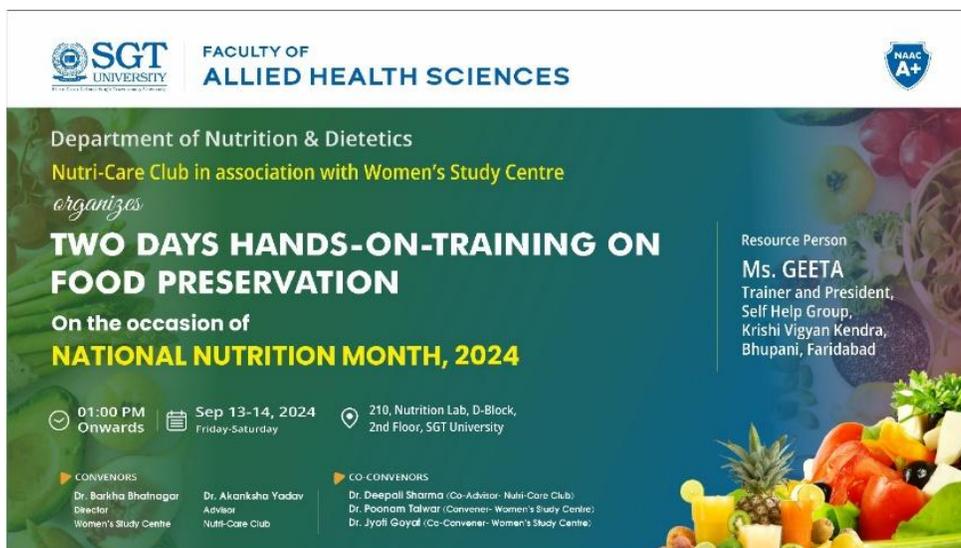
Women's Study Centre in association with Department of Nutrition & Dietetics, FAHS Organized

Two-days Hands-on- Training on "Food Preservation"

Date: 13th & 14th September, 2024

Venue: D Block, Nutrition Lab (1:00 PM onwards)

The Women's Study Centre in association with Department of Nutrition & Dietetics, FAHS has organized Two-days Hands-on- Training on the topic of "Food Preservation". The event was organized at D- block, Nutrition Lab on 13th and 14th September, 2024 from 1:00 PM onwards.



Brief Profile of Speaker:

Ms. Geeta Chauhan, Trainer & President, Krishi Vigyan Kendra, Bhopani, Faridabad has helped empowered and uplifted several rural women's. She being a part of KVK keeps organizing several training programmes or extension activities for rural ladies and college students.

Organizers: Women's Study centre- SGT University and Department of Nutrition & Dietetics, Faculty of Allied Health Sciences.

Introduction: Women's study centre and Department of Nutrition has provided a golden opportunity to the ladies of Makrola Village, Gurugram by organizing a hands on training session on food preservation by an expert. The event was coordinated by Ms. Poonam and Dr. Jyoti Goyat convener and co-conveners of WSC under the guidance of Prof. (Dr.) Barkha Bhatnagar, Director, Women's Study Centre. Ms. Geeta, Trainer & President, Krishi Vigyan Kendra, Bhopani, Faridabad has motivated ladies for entrepreneurship and apprised them with the basic and practical knowledge of formulation of foods using various preservatives

for increasing the shelf life of developed products. Dr. Akanksha Yadav, advisor of Nutri-Care Club and Prof. (Dr.) Barkha has welcomed the trainer with a sapling and memento as a token of gratitude. The event was concluded with the vote thanks by Prof. M. Ejaz Hussain, Dean, FAHS.

Objective of the event: The main objective was to uplift the skill set of rural women with the knowledge that they can utilize to empower themselves. The event focused on upgrading the knowledge with recent advances in food preservation.

Brief content of event- The workshop was conducted for two days by an expert from KVK, Faridabad. Ms. Geeta, Trainer & President, Krishi Vigyan Kendra, Bhopani, Faridabad has apprised the ladies with the basic knowledge of preparing various food products such as Amla Jam, apple Jam, Tomato Ketchup, Mixed Vegetable Pickle and Amla Pickle. The event was a great success and turned out to be an intellectual, informative, and an eye-opener for all enthusiastic participants





SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved) Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

International women's day

March 2025

Name of the Faculty: WOMEN'S STUDY CENTRE AND FACULTY OF EDUCATION

EVENT: INTERNANTIONAL WOMEN'S DAY

DATE :20-03-2025,

VENUE: C- Block Auditorium, SGT University, Gurugram

Organizers:

Convener – Prof (Dr.) Barkha Bhatnagar, Director WSC, SGT University

Convener- Prof. Dr. Madhavi Sharma, Dean, Faculty of Education

Co-Convener – Ms. Poonam Talwar, Convener WSC ,Assistant Professor, Faculty of Education, SGT University

Co-Convener – Dr. Jyoti Convener WSC ,Assistant Professor, Faculty of Allied and Heath Sciences,SGT University

Co-Advisor "QABIL" Academic Club, Ms. Priyanka Yadav ,Assistant Professor, Faculty of Education, SGT University.

Co-Advisor "QABIL" Academic Club, Mr. Praveen Kumar Jat ,Assistant Professor, Faculty of Education, SGT University

Key speaker(Guests) : Inspector Neha Rathi, SHO Mahila Thana, Gurugram.

HOSTED BY-

WOMEN'S STUDY CENTRE IN COLLABRATION WITH FACULTY OF EDUACTION UNDER THE AEGIES OF "QABIL" ACADEMIC CLUB

Introduction of the Event:

Women Study Centre, in collaboration with the Faculty of Education, successfully organized an enlightening event on the theme "**Women's Safety: A Nation's Necessity.**" The event was conducted under the aegis of the Academic Club "QABIL" and brought together esteemed dignitaries, faculty members, and students to discuss and raise awareness about the crucial issue of women's safety in our society.

Objective of the Training /webinar/ Event / FDP:

The objective is to help the students to aims to further promote and raise awareness of women's rights and to achieve equal opportunity status in all walks of life. The day also commemorates the inspiring role of women around the world to secure women's rights and build more equitable societies. Women's Day also remembers the voices of many women that go unheard and who continue to be dominated from securing their rights and realizing their full potential.

Women's Study Centre
Celebrates International Women's Day
In collaboration with
Faculty of Education, SGT University
Under the Aegis of Academic Club "QABIL"

WOMEN SAFETY: A NATION'S NECESSITY

20th March, 2025
Thursday

10:00 AM
01:00 PM

C Block Auditorium
SGT University

Convener

Prof. (Dr.) Barkha Bhatnagar
Director
Women's Study Centre
SGT University

Prof. (Dr.) Madhavi Sharma
Professor & Dean
Faculty of Education
SGT University

Co-Convener

Ms. Poonam Talwar
Assistant Professor
Convener WSC
SGT University

Dr. Jyoti
Assistant Professor
Co-Convener WSC
SGT University

Resource Person



Inspector Neha Rathi

*Athlete, Arjuna Awardee
SHO, Gurugram Police*



Master of ceremony by Student ,Ms. Shreya B.ed HI

As a token of honor, Prof. (Dr.) Barkha Bhatnagar and Prof. (Dr.) Madhavi Sharma presented a memento and a sapling to the resource person.



*The dignitaries and guests inaugurated the event with a traditional **Lamp Lighting Ceremony** followed by **Saraswati Vandana***



Prof. (Dr.) Barkha Bhatnagar, representing the Women Study Centre, delivered a heartfelt welcome address also Prof. (Dr.) Madhavi Sharma, Dean of the Faculty of Education, shared her insightful thoughts



*Ms. Poonam Talwar provided an introduction to the esteemed resource person, **Inspector Neha Rathi**.*

***Inspector Neha Rathi** engaged the audience with real-life examples, interactive discussions, and practical safety tips.*



Dr. Jyoti concluded the event with a formal vote of thanks.



Event Report

Date: 06-12-2024

Title of the event: Expert Lecture on Socio Legal Rights of the LGBTQIA++ Community in India

Organizer(s): Faculty of Law

Venue: Seminar Hall, Faculty of Law

Objective of the event: To sensitize the audience about the various challenges being faced by this community and how the legislature and judiciary are resolving the issues.

Chief Guests / Speakers / Resource Persons: NA

Event Coordinator: Ms. Vishakha Shekhawat, Assistant Professor

Event Poster/Banner

Expert Talk on Socio Legal Rights of the LGBTQIA++ Community in India The Faculty of Law, in collaboration with IQAC, hosted an insightful Expert Talk on Socio Legal Rights of the LGBTQIA++ Community in India for all the semesters of BA, LL.B, and LL.B students on 6th December 2024.



Under the aegis of IQAC

Expert Lecture on

SOCIO LEGAL RIGHTS OF THE LGBTQIA++ COMMUNITY IN INDIA

6 December 2024 | 10:30 AM - 11:30 AM

Seminar Hall Faculty of Law

Chief Patron
Prof. (Dr.) Richa Chaudhary
Dean
Faculty of Law

Coordinator
Ms. Vishakha Shekhawat
Assistant Professor
Faculty of Law, SGT University

SPEAKER



PUSHPA MAAI
Social Activist
Mahamandaleshwar, Kinnar Akhara, Rajasthan
Founder & Chairperson, Nai Bhor Sanstha, Jaipur
Member, Transgender Welfare Board, Rajasthan Government



Conclusion: - The LGBT community is an umbrella term for a social group and the actions of that group deemed to be defined primarily by a set of sexualities. That such a simplistic reduction of such a diverse range of humans raises no immediate intellectual dissonance in most people and yet the equivalent concept of “the straight community” would seem laughable to most indicates that society is so riven with prejudice that any attempt to expand further would vastly exceed the space allowed for this essay; exploration of personal and systemic bias is therefore left as an exercise for the reader.



Details of the Event

S.N.	Description	Remarks
1.	Title of the Event	Women's Day Celebration: महिला मुस्कान: महिलाओं के स्वास्थ्य और खुशी का उत्सव
2.	Organizer	Dr. Amita Arora (FCAM), Dr. Vatsala Saharam (FAHS) Faculty of Commerce and Management, Department of Nutrition & Dietetics
3.	Date and Time	6th March, 2025, Time: 10.00 am to 1.00 pm
4.	Venue	209, 2nd Floor, A-Block

Banner

The banner features the SGT University logo and NAAC A+ accreditation at the top. Below this, it identifies the organizing departments: Department of Nutrition & Dietetics (FAHS) & Faculty of Commerce and Management, under the aegis of SVSP. The central theme is 'Celebrates WOMEN'S DAY' with the Hindi subtitle 'महिला मुस्कान: महिलाओं के स्वास्थ्य और खुशी का उत्सव'. Event details include the date (6th March, 2025, Thursday), time (10:00 AM Onwards), and location (Room number- 209, A block, SGT University). The banner also lists coordinators: Dr. Vatsala Saharan (Department of Nutrition & Dietetics, FAHS, SGT University) and Dr. Amita Arora (Faculty of Commerce and Management, SGT University). Student coordinators are listed as Tejaswini, Jiya Sharma, Vidhi Hasija, Prerna, Komal, Nikita, Gourav, and Rakhi. The background is a soft pink and orange gradient with illustrations of women in various professional roles.

Invitation N/A

Highlights of the Event (Images)



Outcomes/Impact

Increased Awareness of Health and Happiness

- The event promoted holistic well-being through expert talks and practical health assessments.
- Women became more aware of the importance of mental health, happiness, and self-care.
- Conducting the event in the local language helped participants engage more freely and confidently.



Details of the Events

S.N.	Description	Remarks
1.	Title of the Event	Polycystic Ovarian Disease Awareness program
2.	Organizers	Pflege Club under the Department of Obstetrics & Gynaecological Nursing, Faculty of Nursing in collaboration with SVSP, SGT University.
3.	Date and Time	08th Nov 2024
4.	Venue	Vinay Public School, Sultanpur, Gurugram, Haryana

Introduction:-

The Pflege Club of the Department of Obstetrics and Gynaecological Nursing, Faculty of Nursing, in collaboration with SVSP, SGT University, is organised a one-day awareness program on PCOD at Vinaya Public School, Sultan, starting at 11 a.m. on November 8, 2024. The programme was organized under the guidance of Prof (Dr.) Sunil Kumar Dular, Dean, Faculty of Nursing and Ms. Deepak HOD cum Associate, Obstetrics and Gynaecological Nursing, Faculty of Nursing, SGT University. By doing the role-play, the students informed the audience about the introduction, risk factors, signs and symptoms, and diagnosis of PCOD (Poly Cystic Ovarian Disease), described how PCOS causes health issues for women at many stages of life, including adolescence, pregnancy, and post menopause, presented a session titled "Modifying Lifestyle in PCOS." We all had a wonderful experience. The program, which was organized by Ms. Pooja Singh (Assistant Prof.) and faculty of the OBG Nursing department of SGT University. We are really grateful to the Vinaya Public School students for their enthusiastic response and support of this awareness campaign. Mrs. Saroj, the principal, has our sincere gratitude for recognizing our efforts.

Events Highlights (Images/Pictures)





Details of the Events

S.N.	Description	Remarks
1.	Title of the Events	Skill Building Expert Session on Nurse-Led Primary Care Services: Synergizing CBAC with Health Initiatives
2.	Organizers	Community Health Nursing, Faculty Of Nursing in collaboration with ANVAYA
3.	Date and Time	29 th January 2025
4.	Venue	C- Block Auditorium, SGT University

Introduction:-

On January 29, 2025, SGT University hosted a transformative expert session titled "Nurse-Led Primary Care Services: Synergizing CBAC with Health Initiatives" at the C Block Auditorium from 2:00 PM to 4:30 PM. Organized by the Community Health Nursing Department under the Wellbeing Club in collaboration with ANVAYA, the event aimed to deepen participants' understanding of nurse-led primary care and the integration of Community-Based Assessment for Care (CBAC) with broader health initiatives. Dr. K. Laxmi Prasanna, Assistant Professor at the College of Nursing, AIIMS Patna, delivered an insightful talk, emphasizing the critical role of nurses in leading primary care services and outlining innovative strategies to improve community health outcomes. Following the lecture, a scenario-based CBAC assessment activity engaged 350 enthusiastic students from GNM, BSc Nursing, MSc Nursing, and Post Basic Nursing programs. This interactive session provided a practical platform for the participants to apply theoretical knowledge, enhance their assessment skills, and collaboratively solve real-world community health challenges. The event enriched the students' academic experience and empowered them with the essential skills and confidence needed to drive impactful changes in primary healthcare delivery, underscoring the vital intersection of education, practice, and community engagement.

Event Highlights (Images/Pictures)



SGT UNIVERSITY
Shree Guru Gobind Singh Tricentenary University

FACULTY OF NURSING




Department of Community Health Nursing Wellbeing Club

In Collaboration With “ANVAYA” Is Organizing

Skill Building Expert Session on “Nurse-Led Primary Care Services: Synergizing CBAC with Health Initiatives”

2:00 pm to 4:30 pm
29th January 2025
C- Block Auditorium

Organizer



Prof. (Dr.) Sunil Kumar Dular
Dean
Faculty Of Nursing
SGT University



Ms. Deepa Mukherjee
HOD, CHN Department
Advisor
Wellbeing Club



Ms. Rachna
Asst. Prof.
Co-Advisor
Wellbeing Club



Ms. Manidipa Sarkar
PG Tutor
Event Coordinator
Wellbeing Club



Dr. Omkar K Shetty,
Chairperson, Central
Academic Clubs



Ms. Gurbani,
Student President,
ANVAYA

External Speaker



Dr. K. Lakshmi Prasanna
Assistant Professor,
College of Nursing
AIIMS Patna

Gurugram, Haryana, India
Fwh3+c28, Budhera, Gurugram, Haryana 122505, India
Lat 28.478418° Long 76.902501°
29/01/25 03:01 PM GMT +05:30

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Event Report Format

Sl. No	Description	Remarks
1.	Title of the Event:	Workshop on “Women’s Self-Defense”
2.	Organizer(s): Name of the organizing department(s), school(s), or external partner	Prof. Deepak, Ms. Sonam, Ms. Pooja Singh, Ms. Banapriya, Ms. Preeti Jaiswal, Ms. Nitika Sharma, Pflge Club under the Department of Obstetrics & Gynecological Nursing
3.	Date and Time:	3 rd Dec 2024 at 10:00 am to 1:00 pm
4.	Venue:	Atrium in D-Block, SGT University, Gurugram, Haryana
5.	Purpose / Objective of the Event:	The objectives of the workshop are: To provide knowledge about the different tips of self-protection to keep in mind in different situation. To showcase & give a demo on different techniques
6.	Chief Guests / Speakers / Resource Persons:	Suraj Prakash, Chief Instructor & Examiner, Shotokan Karate Union of Indian Karate Federation.

The poster features the SGT University and Faculty of Nursing logos at the top. The main text reads: "Pflge Club Under the Department of Obstetrics and & Gynecological Nursing is organising A WORKSHOP ON WOMEN'S SELF DEFENSE". It includes a photo of the expert, Suraj Prakash, and his title: "Suraj Prakash, Chief Instructor & Examiner, Shotokan Karate Union of India Karate Federation". At the bottom, it lists the time (10:00 AM-1:00 PM), date (Dec 3, 2024 Tuesday), and location (D-Block, Atrium, SGT University). The background shows a group of people in white uniforms, and there is a white silhouette of a person in a karate stance.



CONCLUSION/SUMMARY

The Program, “**Women’s Self-Defence Workshop**”, organized by Pflege Club under the Department of Obstetrics & Gynecological Nursing, FNUR, **SGT University**, was a resounding success. The session was successful in achieving its objectives, fostering an engaging and informative environment for attendees. The **workshop** was a truly empowering and transformative experience. It provided participants with **practical skills, heightened awareness, and the confidence** needed to protect themselves in real-life situations. Through hands-on training, students learned effective self-defense techniques, the importance of situational awareness, and how to respond both physically and mentally in moments of danger.

Follow up Suggestion:

- Feedback from participants to gather insights.
- Organizing periodic refresher sessions or practice meet-ups will help reinforce techniques and build muscle memory. Practicing with fellow participants can enhance confidence and skill retention.

ACKNOWLEDGEMENT

- The successful execution of The Program, “**Women’s Self-Defence Workshop, organized by** Pflege Club under the Department of Obstetrics & Gynecological Nursing, **Faculty of Nursing, SGT University**, was made possible through the dedicated efforts and collaboration of our team.
- We extended our heartfelt gratitude to **Dr. (Prof.) Dr. Sunil Kumar Dular**, Dean, Faculty of Nursing, for encouragement and providing constant support for the successful completion of the event, & for being a backbone for planning and throughout the event.
- Special gratitude to Prof. Deepak, HOD, Dept of OBG Nursing, for their constant support in organizing such an event.
- A special gratitude to today’s experts, Suraj Prakash, Chief Instructor & Examiner, Shotokan Karate Union of Indian Karate Federation, for giving their precious time and enlightening participants with their immense knowledge and expertise.
- We sincerely thank **to organizing team members** for her meticulous planning as the event organizer and for managing invitations, for ensuring smooth escort arrangements and discipline throughout the event and to the Students of **MSc 2nd Year**, for their active participation and cooperation in volunteering the event, which added to the success of the event.
- We sincerely thank **the mass media team, horticulture, and mess team for the** arrangements of food.

This program was truly a team effort, and we are grateful for the commitment, enthusiasm, and hard work of everyone involved. Together, we created a meaningful and enriching learning experience that will leave a lasting impact.



Details of the Events

S.N.	Description	Remarks
1.	Title of the Event	World Health Week celebration 'Healthy Beginnings, Hopeful future: Focusing on improving the health & survival of newborn mothers
2.	Organizers	Community Health Nursing Department ,FNUR (SGTU)
3.	Date and Time	1 st to 7 th April 2025
4.	Venue	SGTU

Introduction:-

The primary objective of the programme was to raise awareness about maternal and newborn health, strengthen preventive healthcare practices, and promote holistic wellbeing through various skill-building activities, interactive sessions, and community outreach programs.

The aim of the World Health Week Celebration Programme is to raise awareness and deepen understanding of the critical importance of maternal and newborn health, empowering participants with practical, hands-on skills to provide effective care for mothers and infants. Through physical activities, wellness practices, and nutrition-focused initiatives, the program encourages healthier lifestyles and informed decision-making. By providing evidence-based knowledge on pregnancy, nutrition, and global health initiatives, it fosters collaboration and innovation among students, faculty, and health professionals.

Highlights of the Events (Photos/Images)

